At The Fore we know that grassroots, local solutions are helping people thrive all over the UK and changing systems from the ground up. The charities and social enterprises we are funding have been set up by and for the communities they belong to. They all have innovative solutions to the problems we face and we will help them scale their impact and improve their resilience and sustainability.

This Spring, twenty-one more exceptional organisations from Belfast to London, will receive unrestricted funding, introductions to our networks, including our pro bono member network, and access to our training and support.

If you have skills or resources to share and would like to join us in transforming lives and society, please get in touch at partnerships@thefore.org.

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**Changing Relations CIC**

Based in Durham, Changing Relations uses the arts to break down gender barriers and foster healthy relationships.

Through film and theatre to creative writing, they address sensitive subjects such as domestic abuse, gender stereotypes and sexting risks. In 2023, they worked with 300 professionals and 250 young people, with 100% of youth workers feeling more confident to explore domestic abuse with the young. A lack of capacity is preventing them from seizing partnership and income opportunities.

With The Fore’s funding, Changing Relations will be able to strengthen their financial resilience as they expand to meet demand. Improving communications with a website redesign and developing CPD courses to take to the market will unlock many new partnership opportunities and help diversify their income streams.

www.changingrelations.co.uk
@ChangeRelations
£30,000 awarded
Clear Sky Children’s Charity

Clear Sky uses play and creative arts to transform the lives of children affected by the trauma of bereavement and domestic violence.

Founded by Sophia Giblin, who experienced the lack of professional support when she lost her mum at a young age, Clear Sky provide therapeutic services in Oxfordshire. With 2,400 therapy sessions delivered last year, 95% of children displayed well-being improvements. They offer professional development support for therapists, teachers, and social workers partly via their online portal. The portal has attracted interest from the NHS and local authorities, but technological constraints limit its uptake and potential.

Our funding will allow Clear Sky to support more children by expanding the portal’s offering, increasing usage and bolstering finances. This will also pave the way to a significant national influencing role in the sector.

www.clear-sky.org.uk
@ClearSkyCharity
£30,000 awarded

CIAC

Community Integration and Advocacy Centre (CIAC) supports emerging communities, such as refugees and asylum seekers, to resettle and contribute to life fully in the UK.

Primarily based in The Humber, they support people, many of whom have escaped persecution, to navigate the challenges of arriving in a new country. Offering general advice, including on accessing accommodation, and specialist immigration advice, they supported 1,500 people in 2023. With over 50% of initial asylum claimants unable to secure Legal Aid, demand for CIAC is accelerating. So too is the complexity of their cases.

Our funding will give CIAC the capacity to gain formal accreditation. Accreditation will professionalise CIAC’s existing practices, enabling them to keep pace with the more complex needs of clients and assist them in attracting additional funding including from local authorities.

www.ciacadvice.com
£29,312 awarded

Every Future Foundation

Every Future Foundation foster racial equality by creating a new generation of leaders to drive change.

The diverse team, many with first-hand experience of racism, deliver programmes to enhance young people’s understanding of racism and build their leadership abilities. Since 2020, they have worked with 5,000+ young people. 97% of programme alumni had an increased understanding of racism and 74% wanted to educate others. They have piloted an innovative paid service for schools, providing specialised training for staff to challenge racism and promote equality. The pilot has been incredibly well received with more schools keen to participate.

Our funding will provide upfront capital to develop their sustainable unrestricted income streams, boosting their capacity and financial resilience as they expand to meet demand for their services.

www.everyfuturefoundation.co.uk
£30,000 awarded
Everyday Plastic CIC

Everyday Plastic’s vision is a society where everyone leads a life with less plastic.

Through campaigning and awareness raising, Everyday Plastic are pushing for improved regulations and practice around plastic usage, and inspiring individuals to change their behaviour across the UK. Their efforts are gaining momentum; a quarter of a million people took part in their National household Big Plastic Count, and supermarkets are knocking on their door to understand how they can do better on single-use fruit and veg packaging.

With funding from The Fore, they will hire a Head of Campaigns to capitalise on their growing momentum, establish new funded partnerships and expand their reach and impact. Ultimately it will catapult them from the UK to the global arena.

www.everydayplastic.org
@PlasticEveryday
£30,000 awarded

FarmAbility

Since 2013, FarmAbility have been transforming the lives of adults with learning disabilities and autism through outdoor, farm-based work in Oxfordshire.

Their programme sees participants (‘co-farmers’) engage in real-life farming work, from animal care to cultivation. Individually tailored programmes help co-farmers achieve their own long-term goals, whether it’s developing independence or securing employment. 73% of co-farmers reported increased confidence and 74% acquired practical skills. With such a unique offering, FarmAbility are in demand, with a waiting list of over a year.

Our support will unlock their potential to meet demand. Increased staff capacity will enable FarmAbility to take on a fifth site and establish a trading offer to propel further sustainable growth.

www.farmability.org.uk
@FarmAbility
£30,000 awarded

Face Equality International

Face Equality International is creating a world where everyone is treated fairly whatever their face looks like.

Run by Phyllida Swift, who has personal experience with facial scarring, they combat the injustices and violations facially different people experience, from hate crimes to infanticide. They run a global alliance of organisations that advance face equality through public awareness and legislative reforms, rather than medical fixes. Last year, their Face Equality campaign reached 1 million people. With recent research highlighting the extent of the human rights atrocities facially different people face, they are more determined than ever to grow their alliance.

Through recruiting a Communications Officer, our funding will increase the CEO’s capacity so she can pursue funding opportunities, grow the alliance and deliver FEI’s global strategy.

www.faceequalityinternational.org
@FaceEqualityInt
£30,000 awarded
Hotel School

Launched in 2017 in London, Hotel School combats unemployment amongst homeless and vulnerable people by teaching hospitality skills.

75% of Hotel School’s graduates go on to sustained employment within the hospitality industry, while the remaining 25% go into further training, volunteering or work in related sectors. With cases of homelessness rising exponentially, demand for Hotel School’s support is soaring.

Hotel School will be using The Fore’s investment to recruit a Programme Coordinator to handle day-to-day programme delivery and focus on improving and scaling their offer. This will free up capacity within the leadership to build the charity’s overall financial stability as they address the challenges of growing the charity and its impact to meet demand.

Informing Choices NI

Informing Choices NI champions informed choices for all around sex, sexual health, and emotional well-being in Northern Ireland, specialising in support for people with autism or a learning disability.

They do this through advocacy, counselling, education, and training for professionals working in the field. Their offer includes a sexual health helpline and the only non-directive pregnancy counselling service in Northern Ireland. 98% of participants in their JustAsk sexuality and relationships programme said it increased their knowledge and confidence.

Funding from The Fore will release the capacity of the CEO and Training Manager. This will enable Informing Choices NI to unlock the potential of their training offer and scale their work across Northern Ireland and beyond.

Love4Life

Love4Life empowers individuals with learning disabilities and autism to make friends and find love.

They host workshops and events including themed discos, bowling, restaurant visits, and games nights. This is complemented by one-to-one support. 87% of workshop attendees said skills learned help them to be more independent. Statutory adult social care services are shrinking, with 42% of existing members not receiving any statutory support.

Unsurprisingly, demand for Love4Life’s support is skyrocketing, but their IT infrastructure is hindering their growth.

Love4Life will use our funding to revamp their website and implement a CRM system to upscale their impact and reach in underserved communities. It will also support enhanced fundraising efforts.
Mafwa Theatre CIC

Mafwa Theatre brings refugees, asylum seekers and settled communities together in Leeds to combat social isolation and create cohesive communities.

Operating in Lincoln Green, where half of households have no resident that speaks English as their primary language, they offer a portfolio of projects to develop skills and confidence. This includes a 6-week programme to support sanctuary-seeking women to develop artistic careers, weekly drama workshops, and gardening groups. Over 90% of participants reported improved mental well-being.

Our funding will allow them to recruit a General Manager, freeing up the leadership's time to strengthen partnerships, develop programmes, enhance impact evaluation, and bolster income generation. This will pave the way for Mafwa to expand services.

www.mafwatheatre.co.uk
@MafwaTheatre
£30,000 awarded

Real Lives: Real Choices

Operating in County Durham, Real Lives: Real Choices help adults with complex needs reach their full potential in life.

They use creativity to empower adults that are neuro-diverse and suffer with their mental health to overcome barriers to learning and employment, plugging a vital gap in wider provision. This includes working with individuals leaving mental health hospitals, many of whom would be unable to integrate back into the community without support from RL:RC. Waiting lists have grown for their services.

The Fore’s funding will allow them to employ a Retail Development Worker to create a permanent space to sell the high-quality products made by charity users. This will provide RL:RC with a new income stream that can be invested in growth to meet demand.

www.rlc.co.uk
£30,000 awarded

RECLAIM Project Ltd

RECLAIM is creating a society where a working-class background no longer presents barriers to achievement, success, or influence.

Programmes train working class young people on how to run local and national campaigns to get their voices heard. These programmes are winning change, with for example, alumni being instrumental in the introduction of free bus travel for 16-18 year olds across Greater Manchester. Through their sought after consultancy offer, RECLAIM also supports companies to become more inclusive of working class talent to create a fairer workplace.

Funding from The Fore will enable RECLAIM to grow its consultancy arm to secure financial autonomy, reduce reliance on unpredictable grant funding and expand across the North.

www.reclaim.org.uk
@RECLAIMproject
£30,000 awarded
RollaDome All Skate

RollaDome All Skate use skating to empower young people across London to achieve better futures.

RollaDome support 5,000 young people each year, with over 80% coming from minority, marginalised, and/or vulnerable backgrounds. Partnering with schools, youth services and local authorities, their projects operate partly via volunteers with first-hand experience and develop the social and life skills of young people. 100% of participants on their employability programme move to employment or education within 12 months.

Despite demand, current capacity limits the ability to form new partnerships. With our funding they will employ a Volunteer Coordinator to boost volunteers and give the leadership time to develop new revenue streams and expand partnerships to unlock growth.

www.rolladomeallskate.co.uk
@RollaDome
£30,000 awarded

Say Aphasia

Say Aphasia support people to adapt to a life with aphasia, a condition that can restrict speech, reading, and writing abilities.

Say Aphasia was founded by CEO Colin Lyall after developing the condition following a stroke. Their support groups are led by people with aphasia and enable hundreds of people to regain their independence and confidence post-diagnosis. Given that statutory provision of speech and language therapy only lasts 16 weeks, Say Aphasia’s continuous support fills a crucial gap. Consequently, they are in high demand, with requests to establish groups in at least five new areas.

With our funding they will hire a Volunteer Coordinator to expand and strengthen their network of groups and volunteers. Funding will also enable them to forge new partnerships and focus on fundraising to ensure long-term sustainability.

www.sayaphasia.org
@SayAphasia
£30,000 awarded

Sound Waves Foundation

Established in 2022 by mothers of deaf children, Sound Waves are reframing deafness as deafability rather than disability so deaf young people can flourish in life and education.

Their Actions For Captions project assists schools to leverage technological advancements like live captioning to make education more accessible, while their after-school clubs break down stigma by teaching hearing and deaf children together.

Sound Waves have schools queuing up for their services, but they lack capacity. With our funding, the founders will have double the time to propel the charity forward. This will allow them to scale their projects, grow revenue streams and build partnerships to ultimately achieve their mission of normalising and celebrating deafness in schools and society.

www.soundwavesfoundation.org
@SoundWavesFdn
£30,000 awarded
The Fun Hub CIC
Operating in Maltby, South Yorkshire, one of the 10% most deprived areas in the country, The Fun Hub is dedicated to improving the physical and mental health of residents.

Led by Zoe Croot, an experienced nursery teacher with a portfolio of commercial nurseries, initiatives include after-school sports provision and a community food truck. With 70% of local parents with young children with special educational needs and disabilities (SEND) unable to access a suitable nursery place, The Fun Hub want to expand on their success by opening a nursery for the hundreds of children with SEND in the area.

The Fore’s funding will fund the training of 30 nursery staff and essential equipment to turn this idea into a reality to provide a vital service for families.

www.funhubactivities.co.uk
£30,000 awarded

The Reconnect Education Project CIC
Reconnect help young people at risk of exclusion to flourish in mainstream schools.

They coach at risk young people in schools in Sheffield, addressing the root causes of exclusion while enhancing wellbeing and resilience. Their approach is innovative: coaches live locally and understand the issues young people face and, unlike most interventions, they provide intensive coaching support daily for up to 3.5 years to create lasting change. This approach works, with zero permanent exclusions since their programme began. As school suspensions and exclusions rise post-Covid, there is a growing need for alternative provision within mainstream schools. Reconnect offers a proven solution including training for teachers, that other schools would like to replicate.

The Fore funding will give the leadership capacity to scale their model with the potential to become a national leader in inclusive education.

www.reconnecteducation.co.uk
@ReconnectEd2021
£30,000 awarded

The Resource Centre
The Resource Centre provides tailored support and resources to small volunteer-led groups and campaigns in Brighton and Hove, addressing community challenges and improving lives.

By providing services like affordable equipment hire and bespoke skilled advice, The Resource Centre empowers groups to enhance their effectiveness and amplify their impact. In 2023, The Resource Centre’s fundraising equipment raised over £800,000 in the city, and the centre was used over 2,000 times, with demand continuing to soar.

They will use our funding to develop a new website to improve accessibility and introduce vital technology developments. This will lead to a significant increase in internal capacity and strengthen their financial position so the organisation can scale and better cater to its user’s needs.

www.resourcecentre.org.uk
£21,940 awarded
Voices for Life

Voices for Life uses the power of music to empower children to be happy and confident in primary schools in Bath.

Tessa Armstrong, a musician aware of the benefits of music on wellbeing, founded Voices for Life in response to the increased mental health issues in young people, coupled with diminishing music provision in schools. Musicians visit schools weekly to work with 30-40 children and other programmes include community choirs and whole school singing assemblies. They are inundated with requests to work with new schools in new areas, but they don’t have capacity to respond.

Our funding will allow Tessa to sustainably grow the organisation across the South West. Their existing model will be replicated first in South Gloucestershire, followed by Somerset and later Cornwall.

www.voicesforlife.org.uk
@voicesforlifeuk
£30,000 awarded

You Can Flourish

You Can Flourish is Warwickshire’s only dedicated mentoring service for girls aged 10 to 18 aiming to nurture self-esteem and mental well-being.

Through one-to-one mentoring programmes and bespoke workshops for parents and caregivers, they help young girls live to their full potential and get to where they want to be. Last year, 88% of girls saw improvements in wellbeing and 100% of teachers and parents felt better equipped to support girls. There is an escalating crisis in young people’s mental health, and You Can Flourish are experiencing unprecedented demand, with referrals up 125%. Their IT systems aren’t fit-for-purpose in a time where they need to scale.

They will use our funding to implement a CRM system to increase efficiency and strengthen income to unlock growth.

www.youcanflourish.co.uk
@YouCanFlourish
£30,000 awarded