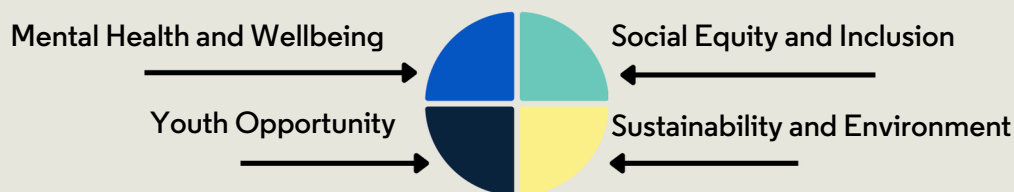


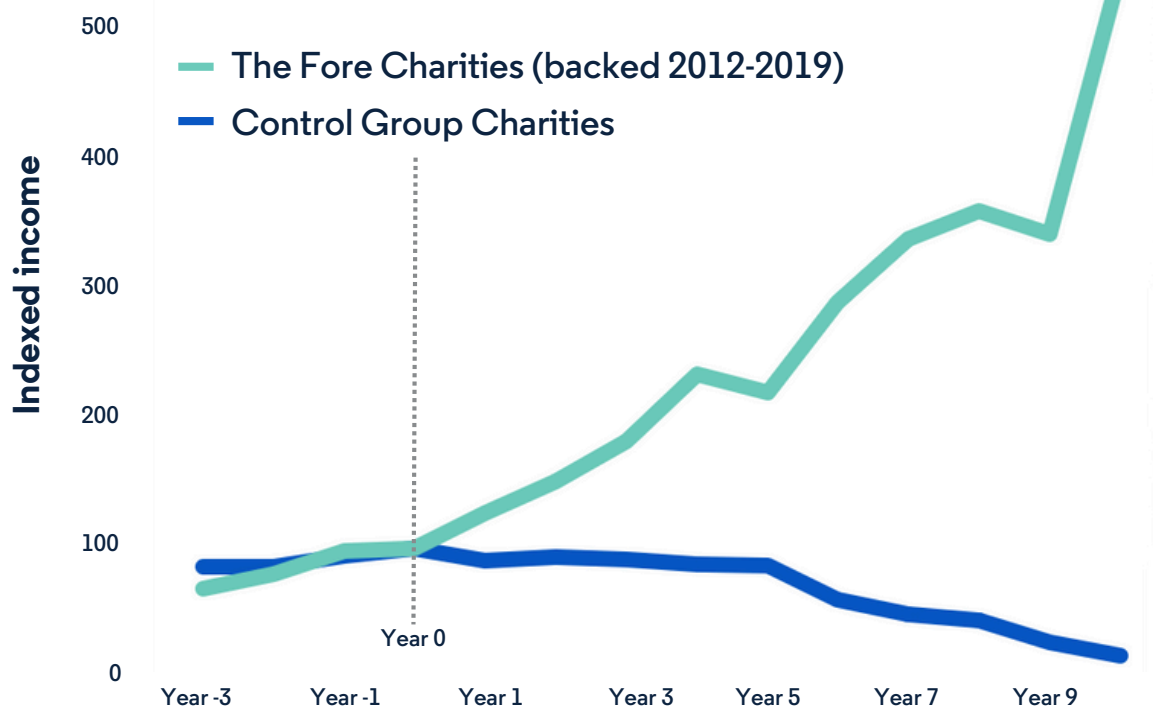
# Rising Stars Summer 2025

The Fore is creating a society that solves its own problems. We're the only venture philanthropy fund in the UK dedicated to small charities. Our goal is for exceptional solutions to get from grassroots to nationwide impact in five years.

This Summer, we ran our national funding round, as well as regional rounds for the South West and North West. Fifteen more exceptional charities and social enterprises, from Cornwall to Liverpool, will receive unrestricted funding, introductions to our networks and access to our training and support. They are the Rising Stars of the sector.



## Charities #BackedByTheFore show incredible income growth over 10 years



Further detail on our benchmarking study can be found [here](#).

If you have skills or resources to share please get in touch at [partnerships@thefore.org](mailto:partnerships@thefore.org).



## FEAST With Us

FEAST With Us turn surplus food into healthy dishes for people who go hungry or can't afford to eat well.

16% of adults in London experience food insecurity and emergency food parcels have doubled in five years. FEAST are serving up change by providing nutritious meals and delivering a Healthy Eating on a Budget programme that gives people the know-how to eat well for life. Insatiable demand now exceeds what FEAST's current model can deliver.

FEAST will use The Fore's funding to hire a Service Operations Manager to pilot a scalable new delivery model and develop a train-the-trainer approach for their education programme to allow rapid expansion. It will also free up the leadership to focus on unlocking new partnerships and to further fuel scaling.

[feastwithus.org.uk](https://feastwithus.org.uk)  
[@feastwithusuk](https://twitter.com/feastwithusuk)  
 £30,000 awarded



## Georgia's Voice

Georgia's Voice (GV) are working to stop young women taking their own lives by building the support networks they need to live happier and healthier.

Suicide is the leading cause of death among young people in the UK. In Cornwall, where deprivation is high and health services are overstretched, young women are even more at risk. Founded by Sophie Alway after losing her daughter by suicide, GV are plugging a gap by providing stigma-free support, including weekly peer groups, counselling, and wellbeing workshops, to create brighter futures for young women. Demand has skyrocketed but their part-time staff are at capacity.

With The Fore's support, GV will grow their team to build the infrastructure and income streams needed to respond to the growing mental health crisis.

[georgiasvoice.co.uk](https://georgiasvoice.co.uk)  
[@georgiasvoiceuk](https://twitter.com/georgiasvoiceuk)  
 £30,000 awarded



## Youth Elements CIC

Youth Elements (YE) are redefining youth work in Manchester by meeting young people where they are to develop their confidence and real-world skills.

Through a mobile youth club, creative hubs and peer mentoring, YE create spaces for young people from racially minoritised and low-income communities to grow. Many of their peer mentors have similar life experiences to the young people they support, including experience of the care system, which helps them connect on a deeper level. But outdated data systems and a lack of structure in their freelance associate model are holding them back from scaling their impact.

Our backing will help YE introduce a CRM system and build a stronger associate model, making them financially stronger, boosting delivery and powering scale up.

[youthelements.org.uk](https://youthelements.org.uk)  
[@youth\\_elements](https://twitter.com/youth_elements)  
 £30,000 awarded





## Jeremiah's Journey

Jeremiah's Journey (JJ) help children and families cope with the trauma of losing someone close.

Set up by NHS professionals in response to Plymouth having no dedicated bereavement service for children, half of the children they work with have lost a parent. From family therapy, to group and one-to-one sessions, JJ shape support around what works best for each family. It's no surprise that 100% of children feel better because of their support. But outdated manual referral and appointment processes slow access and burn staff time.

Funding from The Fore will allow JJ to launch a new digital interface, saving £15,000 of staff time annually, and creating space to diversify partnerships and roll out chargeable training, giving them the financial footing to reach a quarter more people each year.

[jeremiahsjourney.org.uk](http://jeremiahsjourney.org.uk)  
[@jeremiahs\\_journey](https://twitter.com/jeremiahs_journey)  
£19,000 awarded



## Romodels

Romodels are creating a world where children can imagine bolder futures, no matter their background.

By age 6, children begin to limit what careers they believe are possible because of stereotypes around race, gender and more. Romodels are changing how children across Wales explore work by giving them early access to diverse, relatable role models through their digital platform to help them discover a wider range of career paths. 100% of teachers said it benefitted children. With 25 schools on the waiting list and interest from local authorities, they need a smarter platform to respond to this interest.

With The Fore's support, Romodels will build a more intuitive, automated and scalable platform, giving them the infrastructure and income needed to expand first into Scotland and then across the UK.

[romodels.org](http://romodels.org)  
[@romodelsforschools1](https://twitter.com/romodelsforschools1)  
£29,250 awarded



## Sefton Support Group

Sefton Support Group (SSG) provide a lifeline for people in Sefton going through life's most difficult times.

Working with people affected by serious illness, chronic health conditions, bereavement and social isolation, their wide-ranging support includes counselling, peer-led support groups, wellbeing events, socials, and drop-ins. A 72% increase in weekly drop-ins and a 200% increase in email enquiries means that this fully volunteer-led service is struggling to keep up.

Our funding will allow SSG to onboard a full-time Centre Manager, their first paid role, to strengthen operations and launch an income-generating therapy programme and charity shop. The improved structure and finances will lay the groundwork for lasting growth, growing membership by 20% in a single year.

[seftonsupportgroup.org](http://seftonsupportgroup.org)  
[@seftonsupportgroupuk](https://twitter.com/seftonsupportgroupuk)  
£30,000 awarded







## Greenwood Music CIC

Greenwood Music (GM) are improving lives and the planet on a 40-acre rainforest in Cornwall.

Through nature-based programmes like shelter building and woodland conservation aimed at people facing loneliness, isolation, and mental ill-health, GM help people reconnect with themselves, each other, and the nature around them. With grant funding increasingly difficult to secure, they have developed an income-generating eco-camping site and a paid-for workshop programme. But the team is already stretched and can't fully market and capitalise on these opportunities.

GM will use our funding to hire a Business Development Manager to expand their income-generating offers and give them the financial freedom to grow to meet rising community need.

[greenwoodmusic.co.uk](https://greenwoodmusic.co.uk)  
[@greenwoodmusiccamp](https://twitter.com/greenwoodmusiccamp)  
 £30,000 awarded



## The Menopause Charity

The Menopause Charity (MC) are making sure no one faces menopause alone by turning awareness into better support.

Half of peri or post-menopausal people in the UK felt uninformed before experiencing it, and 76% said their partners didn't know how to support them. MC give individuals, their families, health professionals and employers the tools and training to face menopause with confidence. They also champion the voices of those experiencing menopause in national policy and guidance. They've successfully piloted an income-generating online portal for employers to better support staff, but don't have the resource to roll it out more widely.

With The Fore's support, they'll bring in new staff to free up the CEO to launch the portal and also make sure it reaches as many employers as possible, kicking off a new chapter of income-backed expansion.

[themenopausecharity.org](https://themenopausecharity.org)  
[@themenocharity](https://twitter.com/themenocharity)  
 £30,000 awarded



## Food For Purpose CIC

Food For Purpose (FFP) are tackling health inequities in global majority communities by helping people live healthier lives through food education and cooking in the places they know and trust.

Many global majority communities in London face poorer health outcomes, including higher rates of obesity and diabetes, and a mistrust of the NHS. FFP's culturally adapted programmes are reaching individuals the NHS can't, including cooking classes that reflect people's cultures and traditions. They are ambitious to do more, but need streamlined systems and more hands on deck.

FFP will use our funding to bring in marketing expertise and a Commercial Operations Lead, engaging new clients and improving systems fundamental to growth. The added capacity will give the CEO the time to develop an income-generating online health programme.

[foodforpurpose.org](https://foodforpurpose.org)  
[@food4purposeffp](https://twitter.com/food4purposeffp)  
 £30,000 awarded





# Naturebytes CIC

Naturebytes use technology to connect young people with nature.

80% of young people feel disconnected from nature. With wildlife populations down 73% since 1970, reconnecting them is essential for our planet's future. Through wildlife tech kits, workshops, and education programmes, Naturebytes provide a way for young people to lead on climate action. Their Wildlife Cam Kits teach coding, design, biodiversity skills, and digital literacy. Schools are lining up to get involved, and there's an opportunity to develop a hub at The Seven Sisters to meet the need, but the team are spread too thin to make it happen.

With our support, Naturebytes will hire a Programme Coordinator to deliver programmes and establish the new hub, freeing up the leadership to focus on partnerships and developing additional hubs to take their model national.

[naturebytes.org](https://naturebytes.org)  
[@naturebytes](https://twitter.com/naturebytes)  
£30,000 awarded



# Fearless Girls Club CIC

Fearless Girls Club (FGC) are tackling one of the UK's biggest youth issues: the plummeting confidence of young girls.

Girls are 30% less confident at age 14 than at age 8, and girls' wellbeing is at a fifteen-year low. Through Surrey-based after-school clubs co-created with the girls they work with, and subscription boxes packed with confidence-boosting activities and challenges, FGC are flipping the script to create a generation of fearless, confident young women. FGC have solid plans to franchise their proven formula nationally, but they need the time and investment to realise their ambition.

With The Fore's backing, FGC will expand their income-generating box subscription offering and franchise their after-school clubs across the country.

[fearlessgirlsclub.co.uk](https://fearlessgirlsclub.co.uk)  
[@fearless\\_girls\\_club](https://twitter.com/fearless_girls_club)  
£30,000 awarded



# Create Cornwall CIC

Create Cornwall (CC) bring people together to build confidence, develop creative skills, and connect by opening up art and creativity to all.

Based in one of the UK's most deprived areas, CC is a vital community hub, offering free activities for community groups, affordable workspaces for local artists, and courses for students and emerging artists. To reduce reliance on grants, CC plan to create a new income stream by transforming donated glass bottles into homewares for sale using a gifted glass kiln. However, the kiln needs refurbishment, and the team don't have the time to get this commercial venture off the ground.

CC will use The Fore's funding to refurbish the kiln and recruit an Enterprise Officer to lead product development, sales, and marketing, unlocking new income and cementing CC's future.

[createcic.co.uk](https://createcic.co.uk)  
[@create\\_cic](https://twitter.com/create_cic)  
£30,000 awarded







## EOS Network

EOS Network is the UK's only charity for people living with a group of little-known but life-altering conditions called Eosinophilic-Associated Diseases (EADs).

EADs cause chronic inflammation and even organ damage. Cases have more than doubled in the last eight years, yet only 5% are diagnosed. EOS Network support people affected by providing one-to-one support, expert-led resources, and events for patients, carers, and professionals. With a 30% rise in people seeking support in the past year and no signs of slowing, they need the headspace to plan for the future.

With our backing, EOS will bring in the resources needed to give the CEO the space to roll out a roadmap for long-term growth so they can keep pace as awareness of the diseases grow.

[eosnetwork.org](https://eosnetwork.org)

[@charityeos](https://twitter.com/charityeos)

£30,000 awarded



## All Yours Period Box CIC

All Yours Period Box (AYPB) are fighting period poverty and helping people manage their periods with confidence.

21% of people who menstruate in the UK struggle to afford period products, and 22% of young people who menstruate feel embarrassed. AYPB are tackling this by providing free period boxes and delivering stigma-busting workshops to schools and workplaces. Inundated with demand from schools and councils, they've identified an opportunity to expand their training through an online, on-demand platform, but they don't have the capacity or funds to make it a reality.

Using our funding, AYPB will create the platform to meet growing demand. This will also free up the CEO to focus on building strategic partnerships and creating new income streams to scale across the UK.

[allyoursbox.co.uk](https://allyoursbox.co.uk)

[@allyoursmonthly](https://twitter.com/allyoursmonthly)

£30,000 awarded



## The Comedy Trust

The Comedy Trust (TCT) use laughter to create happier and healthier people.

The North West, where TCT are based, has some of the fastest-growing rates of depression in England. NHS services are overstretched and too many suffer without support. TCT are breaking the cycle. Through comedy-based courses and workshops, people open up, build connections and find new ways to cope. It works: 90% report increased confidence and mood. They've developed a popular income-generating corporate offer but don't have the time to roll it out.

TCT will use The Fore's funding to hire a Tutor Coordinator to oversee delivery and free up the core team to focus on commercial requests and new partnerships. This will unlock the income needed to grow, nearly tripling the number of people they support each year within 3 years.

[thecomedytrust.com](https://thecomedytrust.com)

[@thecomedytrust](https://twitter.com/thecomedytrust)

£30,000 awarded

